



WE CATER

ALWAYS FRESH!

Choose from our selection of gourmet sandwiches and wrapps, garden-fresh salads, our sinfully good desserts & pastries and a wide selection of hot & cold beverages.

The Bread Garden - it's all good

250-376-5288

Fax: 250-376-5255 - Email: breadgardenkamloops@gmail.com

3025 Airport Road, Kamloops BC V2B 7X1

BREAKFAST

SESAME BREAKFAST BAGEL	4.25
with egg, ham & cheddar cheese	
WHOLE WHEAT BREAKFAST BAGEL	4.25
with egg, bacon & cheddar cheese	
with egg, ham & cheddar cheese	
BREAKFAST WRAP	4.25
egg & potato mixture with basil, salsa	
& cheddar cheese	
HAM & CHEESE OMELET	4.25
FRUIT & YOGURT PARFAIT	4.25
FRENCH VANILLA YOGURT	1.99
BAGEL / with CREAM CHEESE	3.25
BAGEL WHOLE WHEAT	1.49
SIDE OF CREAM CHEESE99
SOURDOUGH or MULTI GRAIN TOAST	2.49

MUFFINS

DATE & RAISIN HEALTH	2.49
BLUEBERRY OATMEAL	2.49
LEMON CHERRY	2.49
LOW FAT RASPBERRY BRAN	2.49
CHOCOLATE BANANA	2.49
APPLE MAPLE	2.49
RASPBERRY YOGURT	2.19
CARAMEL	2.19

FROM THE BAKERY

CINNAMON KNOT	3.25
COOKIES assorted	1.89
CROISSANT	2.59
CHOCOLATE CROISSANT	2.99
COPENHAGEN	2.99
BLUEBERRY SCONE	2.19
ALMOND CROISSANT	2.99
SPINACH & FETA CHEESE CROISSANT	2.99
CHEESE SCONE	1.99
BLUEBERRY SCONE	2.99
COPENHAGEN	2.99
BISCOTTI CHOCOLATE	1.99

TARTS / SQUARES

PECAN TART	3.99
BLUEBERRY TART	3.99
CITRON TART	4.99
VENUS HAZELNUT TART	3.99
CRANBERRY TART	3.99
ASSORTED BROWNIES & NANAIMO BARS	1.49

MISS VICKIES ASSORTED CHIPS	1.85
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DESSERT PASTRIES

MANGO CHEESE CAKE	6.35
CHOCOLATE TOWER	6.35
BAILEYS MOZART CAKE	6.35
TIRAMISU	6.35
NEW YORK CHEESE CAKE	6.35
CHOCOLATE CHEESECAKE	6.35
CHOCOLATE DOME	6.35
CARROT CAKE	6.35
LAVA CAKE	6.35
MARBLE COFFEE CAKE	2.99
CHOCOLATE PUDDING	2.99
RICE PUDDING	2.99
WHOLE MANGO CHEESECAKE	29.99

SIGNATURE SANDWICHES

SMOKED TURKEY	
ON SUNDRIED CRANBERRY BUN	7.25
CHICKEN CLUBHOUSE ON A CIABATTA BUN ..	7.95
ROAST BEEF ON A ROASTED ONION BUN	7.75
MAPLE HAM & AGED CHEDDAR	6.25
ON A CIABATTA BUN	7.25
ITALIAN CLASSIC ON AN OLIVE BUN	7.75
VEGETARIAN CREAM CHEESE / LETTUCE	7.25
TOMATOES & CUCUMBER ON CIABATTA	7.25
GRILLED CHICKEN BREST	
& ANCHO CHIPOTLE MAYO	7.25
SMOKED SALMON	
& SPINACH CREAM CHEESE SPREAD	7.95
GRILLED 3 CHEESE ON CIABATTA	7.49

WRAPS

THAI CHICKEN WRAP	7.25
CHICKEN CAESAR WRAP	6.89
VEGETARIAN BURRITO	6.99
PULLED BEEF BURRITO	7.49
BUTTER CHICKEN WRAP	6.89

BG CAFE SANDWICHES

EGG SALAD ON CIABATTA BUN	5.99
TUNA SALAD ON CIABATTA BUN	5.99

SOUP

OLD FASHIONED CHICKEN NOODLE	4.25
SOUP OF THE DAY	4.25

PASTAS

PENNE PASTA WITH CHORIZO	7.25
CHEESE TONDI	7.25
OLD FASHIONED MACARONI & CHEESE	6.35

PLATTERS TO SHARE

COFFEE SERVICE FOR 10	15.50
VEGETABLE PLATTER 15-20 PPL	45.00
FRUIT PLATTER 15-20 PPL	45.00
CAESAR SALAD PLATTER 15-20 PPL	39.99
MIXED ORGANIC GREENS 15-20 PPL	39.99
GREEK SALAD PLATTER	39.99
CHEESE & FRUIT PLATTER	45.00
SPINACH DIP PLATTER 8-12 PPL	29.99

GREENS ON THE GO

CAESAR SALAD	5.49
CAESAR SALAD WITH CHICKEN	7.25
CHOP CHOP SALAD	7.25
MIXED GREENS SALAD	5.25

GOURMET SALADS

GOURMET SALADS	Regular 5.25
Large	7.25
sesame noodle salad, tortellini pasta salad,	
greek salad, fruit salad, dijon red potato salad,	
tomato bocconcini salad,	
mediterranean chick pea salad	

ENTREES

SAVOURY MEAT LASAGNA	7.25
VEGETABLE LASAGNA	7.25
TURKEY POT PIE	7.25
BEEF POT PIE	7.25
BROCCOLI CHEDDAR QUICHE	7.49
SMOKED SALMON QUICHE	7.49
SHEPHERD'S PIE	6.79
3 CHEESE PEROGIES	5.49
VEGETARIAN SAMOSA	3.75
BEEF SAMOSA	3.75
CALZONE	6.49
CHICKEN CURRY	6.95
CHICKEN TERIYAKI	6.95
SPANAKOPITA	5.75

COLD BEVERAGES

PURIFIED WATER, JUICES, ICED TEA, MILK, CANNED POP, SPARKLERS, SAN PELLEGRINO, GATORADE, ETC.

Prices & Items Are Subject To Change